



# FIRST TEE GOLF AND CHARACTER CLASS

## Good Golfers. Better People.



First Tee Utah provides educational programs that empower young people to be leaders. We teach golf and use golf to teach character values.



First Tee Utah is part of an international organization with more than 150 chapters that have positively impacted the lives of more than 12 million kids since 1997. We offer golf course, in-school and afterschool programs from Logan to St. George that reach more than 18,000 Utah kids annually.



With the help of a multidisciplinary team of Utah experts, we have developed the First Tee Golf and Character Class, a streamlined program to more effectively reach more kids in elementary and middle school PE classes or after school programs.



The First Tee Golf and Character Class is a five-class session designed to introduce the fun of golf and teach basic golf skills. While teaching these foundations for a healthy lifetime activity, we integrate instruction in the character values of respect, responsibility, honesty, perseverance and sportsmanship. We project the First Tee Golf and Character Class to reach approximately 3,000 additional Utah kids in 2020. If State funding is granted as requested this would account for approximately 1,500 additional Utah kids receiving the program at a cost of about \$29 per child for the five-class sessions.



Because golf is uniquely equipped to teach character, the result of this program is kids with a newfound skill they can use for the rest of their lives, and a deeper understanding of the character values that will lead to their success both on and off the golf course.

### Program Cost

Equipment	\$ 10,000
Coach Training	\$ 2,500
100 Classes	\$ 75,000
<b>Total</b>	<b>\$ 87,500</b>

### Funding

Cardon Foundation	\$ 17,000
Jonathan Bullen	\$ 8,500
Washington Ed Found	\$ 5,000
PC Community Found	\$ 3,250
First Tee Utah	\$ 10,000
	<b>\$ 43,750</b>
State Request (1:1 Match)	<b>\$ 43,750</b>
	<b>\$ 87,500</b>



First Tee Utah is a 501(c)(3) | EIN 01-0584107

For more details, visit our website at [www.TheFirstTeeUtah.org](http://www.TheFirstTeeUtah.org)

You may also call us at 801 860 4507 or email [nnyamira@thefirstteeutah.org](mailto:nnyamira@thefirstteeutah.org)



# First Tee Utah

## Golf and Character Class Assessment Results

### Assessment Questions

Total Program				Roy Jr High				Mt. Pleasant			
Understanding				Understanding				Understanding			
Full Partial None				Full Partial None				Full Partial None			
Lesson 1											
1. Name two ways that you can show respect on the golf course?	92.0%	5.9%	1.4%	88.0%	10.0%	0.0%	89.7%	6.9%	3.5%		
2. What are the three cues for setting up for the putt?	92.0%	4.5%	3.5%	78.0%	20.0%	0.0%	82.8%	10.3%	6.9%		
3. Give two examples of how you should act on the putting green?	84.3%	7.7%	8.0%	76.0%	12.0%	10.0%	75.9%	13.8%	10.3%		
4. What letter does the putting stroke make?	93.7%	0.0%	6.3%	92.0%	0.0%	6.0%	96.6%	0.0%	3.5%		
Lesson 2											
1. What are the three cues for setting up for the chip?	93.8%	3.7%	2.5%	94.0%	4.0%	2.0%	93.6%	3.2%	3.2%		
2. Name two ways to show responsibility on the golf course?	84.0%	13.6%	2.5%	86.0%	12.0%	2.0%	80.7%	16.1%	3.2%		
3. What letter does the chipping stroke make?	95.1%	2.5%	2.5%	96.0%	2.0%	2.0%	93.6%	3.2%	3.2%		
4. Is a chip shot used to go far or short distance?	84.0%	2.5%	13.6%	80.0%	4.0%	16.0%	90.3%	0.0%	9.7%		
Lesson 3											
1. What letter does the pitch swing make?	77.8%	13.6%	7.4%	72.0%	16.0%	10.0%	87.1%	9.7%	3.2%		
2. When would you hit a pitch shot?	66.7%	22.2%	9.9%	64.0%	28.0%	6.0%	71.0%	12.9%	16.1%		
3. Why is being honest important in golf?	80.2%	14.8%	3.7%	78.0%	18.0%	2.0%	83.9%	9.7%	6.5%		
*4. Why is golf a target game? (*new question)											
Lesson 4											
1. What shape or letter do you make with a full swing?	93.8%	1.2%	3.7%	98.0%	0.0%	2.0%	90.0%	3.3%	6.7%		
2. Where on the golf course do you use a full swing?	80.2%	11.1%	7.4%	84.0%	12.0%	4.0%	76.7%	10.0%	13.3%		
3. To be safe, what should you do before you swing the golf club?	67.9%	22.2%	8.6%	66.0%	24.0%	10.0%	73.3%	20.0%	6.7%		
4. When you have shown perseverance?	84.0%	0.0%	14.8%	86.0%	0.0%	14.0%	83.3%	0.0%	16.7%		

As our school moves toward adopting more Social Emotional Learning opportunities, programs like The First Tee are filling a much needed gap. First Tee teaches our students how to manage their emotions, how to use good judgement, and how to develop resiliency and perseverance. It also reinforces the elements of a Growth Mindset that is so important to our kids and their ability to learn and grow. I am grateful for this program. This program is truly meaningful and inspiring.

Jessica Payne, 3rd Grade Teacher, Windridge Elementary School, Davis School District, Kaysville

My experience with the First Tee introductory golf program was excellent. Being able to use the gym with safe equipment was incredible. We were able to introduce the students to etiquette and the character values that the game of golf provides. As a PE teacher, I firmly believe that lifetime sports is the direction we need to go. Opportunities to participate in team sports eventually come to an end, but golf is something that can be played for an entire lifetime.

Nate Heizog, PE Teacher, Roy Jr. High, Weber School District, Roy